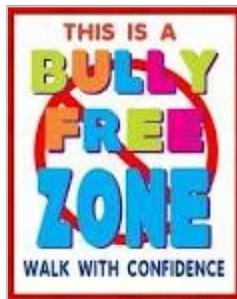


**TOGETHER WE  
CAN MAKE OUR  
SCHOOL A BULLY-  
FREE ZONE**



### **What to do if you are being bullied or you see someone being bullied:**

- Tell a grown up straight away.
- If it doesn't stop tell a grown up again and keep telling until it stops.
- DO NOT let the bully persuade you not to tell because it will only get worse.

### **What happens after you tell a grown up?**

- The grown up will let your teacher know what is happening.
- You will get the chance to talk to a grown up of your choice about what has been happening. The grown up will agree with you what needs to be done to stop the bullying.
- Usually the grown up will also need to talk to the person who has been bullying or upsetting you.

- School will talk to your parents so that they can help too.
- The grown ups in school will keep checking to make sure the bullying has stopped and that you are ok.

What should you do if your child is upset by the behaviour of others?

Talk to him/her to find out what happened and the background to the incident – what happened yesterday/five minutes before.

Has this happened before? Was anyone else involved?

Consider if he/she may have been a victim of inappropriate behaviour or bullying (see definition).

If it was inappropriate behaviour, contact the class teacher. If it was bullying, contact the Classteacher who will inform the Headteacher

Please don't advise your child to respond or retaliate in the same aggressive way, as we wouldn't tolerate that either.

Give your child more opportunities to talk to you about their feelings and what is happening.

However, beware of making it the first or only thing that you talk about – discuss lots of positive things about school and friends as well.

Tell your child that you expect things to improve, and support them and school staff as the problem is dealt with.

Please don't feel that you need to try to solve a problem that happens in school directly yourself. Thank you for your partnership in preventing and tackling bullying effectively.



## **Anti-bullying Leaflet for Children and parents**





**At Crockerton C of E Primary School we want :**

- Everyone to feel safe and secure.
- Grown –ups to listen to both sides of the story.
- Children to take responsibility for their own actions and look after others.
- Children to be able to forgive each other when someone is sorry for what they have done.
- No one to accept bullying as being OK.

## **What is Bullying?**

Bullying is a behaviour repeatedly done by individuals or groups to hurt someone or to make them feel unhappy.

It can include:

- hurting physically
- hurting feelings
- threatening
- name calling
- taking or damaging property
- excluding someone
- offensive messages or threatening by mobile phone or the internet.

**WE DO NOT  
ACCEPT  
BULLYING  
HERE**

**We do not want bullying at Crockerton C of E Primary School. We will work to make the whole school safe and happy for everyone.**

To achieve this:

- We will not hurt other people physically.
- We will not upset other people.
- We will respect other peoples belongings.
- We will respect other peoples views.
- We will not exclude others from our games.
- We will always use the term bully correctly.
- We will always tell someone if we are being bullied.
- We will always tell someone if someone else is being bullied.
- We will always listen if someone says they are being bullied.
- We will always treat everyone as a friend.